

Sargent Public School

September Newsletter

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Meet the new student editors for the Sargent Public School Newsletter. These students will be helping to write, edit, and publish articles for the newsletter.



Sargent Public Schools will be offering the BackPack program again this year. This program provides extra food for families over the weekend. If you are interested in receiving a backpack or need more information please contact Kristin Slagle at (308)215-0030. You can also stop and get an application from LuAnn Schauda at the School.

2023-2024 Yearbooks are still available for purchase for \$30.



The Library has seen some technology and furniture updates this year.

We have received new tables and chairs as well as 3D printers and a new set of coding robots. The students are excited about the new additions!



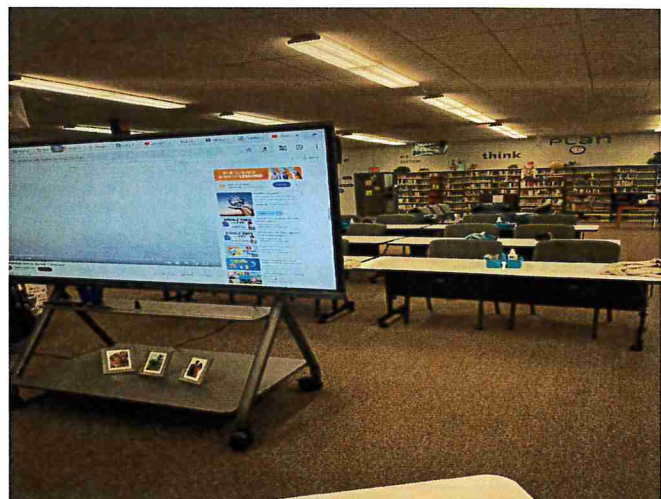
Sphero Bolt Coding Robots for use in technology classes school wide.

One of three new 3D printers with carts on wheels to make it convenient to move to other classrooms as needed.



New gray colored chairs to go with our new tables.

New Smartboard (every classroom has) and new tables and chairs.



The teachers and students are enjoying the new upgrades!

One Act is underway for the 2024 season!

Our play for this year is "Fallen Goldfish". Head coach Mrs. Kina Stefka and Assistant coach Kyla Stefka are looking forward to a great season. All parts have been assigned and student actors are busy learning their lines.

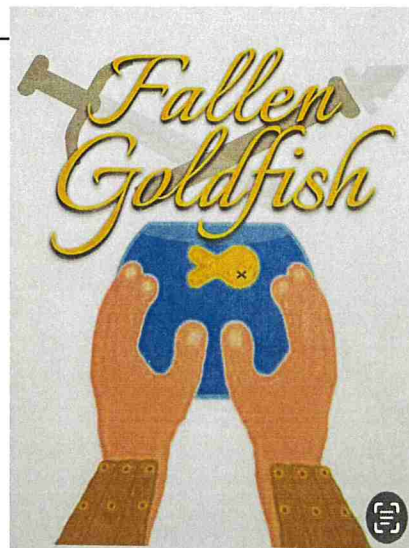
Co-Captains for this year's team are Carsen Vincent and Kooper Keefe their assistant captain is TJ Horky

Students participating this year are

Alli	Smith
Travin	Schauda
Corbin	Bye
Wyott	Fauss
Clayton	Hazen
Carsen	Vincent
Kooper	Keefe
Xack	Lowry
LoReena	Schauda
Hayden	Nelson
TJ	Horky
Mace	Beran
Miah	Handley
Aolany	Acosta-Saenz
Maci	Smith
Gabe	Lunde
Bambi	Conner
Brody	Schipporeit

Performance Schedule:

November 4th in Ord Time TBA
November 13th in Scotia performance at 4:00p.m.
November 18th Dinner Theater in Sargent 6:00p.m.
November 19th MNAC in Arnold time TBA
November 26th Matinee in Sargent @ 11:00 a.m.
December 4th Districts in Ansley time TBA



Parents you are invited and encouraged to come and watch each performance to support your student and our Group! We would love to have you come and volunteer in whatever capacity you would like. We would love some help with costumes, sets, food or snacks at practice, loading and unloading our set for performance and just a general cheer club for these hard working students. Please contact Kina Stefka at 308-215-0284 or call the school at 527-4119 to join our parent club!

Also, parents watch your mail for the practice and permanence schedule as well as a sign up sheet for snacks, food, costume, and set volunteer opportunities! We would LOVE to have you!

September Newsletter from the Superintendent

Welcome back! Can you believe how quickly summer flew by? It's hard to grasp that it's over, but there's a real buzz in the air with school back in session. Even though students were on campus throughout the summer for various activities, there's something special about the energy when the full school year kicks off. We're thrilled to have students back in the classrooms with our dedicated staff, delivering the top-notch education that makes Sargent proud.

Thanks to the ongoing support of our community, we're ready for an outstanding year ahead. The warm welcome I've received from the board, staff and the community has been wonderful—thank you all again for your help!

This summer, the District completed several projects in preparation for the school year, the most visible being the fresh coat of paint across our facilities and new bleachers courtesy of the Management and Leadership Class. I want to extend a big thank you to our maintenance crew for their hard work, including our two high school student helpers, who brought a fresh shine to the floors. The new paint in the elementary building has really opened up the space—students are already taking pride in the cleaner look.

Our fresh start is off to a fantastic beginning. We're thrilled to have Mr. Kozeal back—his sweet corn unit was a hit with the students. We also welcome Mr. Max as our new principal and Ms. Gacusan, joining us from the Philippines, as our new math teacher.

I also want to extend my gratitude to the local donors who helped with the fundraiser and add concrete for the new bleachers. Be sure to check out our Facebook page and website for pictures of the updates!

As we look ahead to September, mark your calendars for Homecoming Week starting on September 9th. We'll wrap up the week with the traditional football game on Friday, September 13th in Taylor. It's a fantastic tradition, and I am excited to attend my first football game with Twin Loup. We are working on providing free lunches for all students in Sargent. We will let parents know the outcome on Sargent's Facebook Social Media account.

Please stay connected through the school's social media and our district website for all the latest updates.

As Theodore Roosevelt said, "People don't care how much you know until they know how much you care." As we embark on this new school year, we are honored to serve your family and our community. We are always striving to improve and are excited about what's in store this year. I encourage you to get involved in the many events and activities we have planned. Thank you again for your continued support!

Best regards,
Byron Olsen, Jr.
Superintendent

Byron Olsen, Jr. Ed.S.

Superintendent of Schools at Sargent Public School District

"Engage ~ Motivate ~ Prepare ~ Inspire"



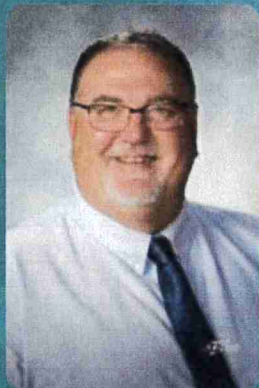
SARGENT PUBLIC SCHOOLS WELCOMES NEW PK-12 PRINCIPAL!

Hello, My Name is Darrin Max. I am excited to work for the Sargent School District this year and look forward to meeting all of the students, teachers and patrons of the district in the coming months. I have been working in the education field for 32 years, 15 years in the classroom/shop as an Industrial Arts Teacher, 14 years as a principal and 3 years as a Superintendent. I earned my Undergraduate Teaching Degree from Chadron State College, I earned my Masters Degree in The Principalship from UNK and I earned my Specialist Degree from Wayne State College. During those years I have had the opportunity to work with some tremendous teachers, administrators, and board members that have taught me alot about working with students and giving them a great educational experience.

I have been married to my wife Shareen for 35 years. We both graduated from Burwell in the mid 80's and we have one daughter Megan that also lives in Burwell. I enjoy sports, playing golf and going to the lake for relaxation. I love to BBQ and I am always looking for a tasty recipe to put on the grill. I look forward to meeting you,

GO WOLVES!!!!

Darrin Max



WELCOME

Mr. Darrin Max

Helping Children Learn[®]

Tips Families Can Use to Help Children Do Better in School

Title I-Educational Service Unit 10



September 2024

Inspire your elementary schooler to meet high expectations

From the first days of a new school year to the last, one of the most fundamental ways you can encourage academic achievement is to let your child know that you *expect* it. When families express high, realistic expectations, their children are likely to meet them.



To reinforce your message in positive ways:

- **Show confidence in your child.** Avoid responding to success with surprise. If your elementary schooler brings home a high grade on a hard math test, for example, act like you never had any doubt. "That's awesome! I knew all the practicing you did would pay off!"
- **Keep mistakes in perspective.** Never belittle your child for an error. Failure happens to everyone sometimes. Show that mistakes won't change your love for your child. Just help your child figure out what can be learned from the error, and move on. Always be your child's "safe place."
- **Empower your child to take action** when something goes wrong. When unfortunate things happen, help your child think about how to handle similar situations in the future. Don't chalk them up to bad luck or a mean teacher. This can make your child feel like a powerless victim.

Source: W.H. Jaynes, "A Meta-Analysis: The Relationship Between the Parental Expectations Component of Parental Involvement with Students' Academic Achievement," *Urban Education*, Sage Journals.



Encourage student responsibility

Elementary schoolers sometimes forget their supplies, their schoolwork and their lunches. But keeping track of these and other school responsibilities for your child won't help in the long run.

Instead, help your child become a responsible student. Here's how:

- **Create checklists.** With your child, make lists of responsibilities and items needed for school. Make checking items off the lists part of your student's morning routine.
- **Teach your child** how to keep track of activities, due dates and test dates on a weekly calendar.
- **Help your child choose** places to store things when not in use.
- **Foster independence.** Put your child in charge of organizing and packing up school supplies.
- **Allow your child** to experience the consequences of forgetting or losing an item.
- **Offer specific praise** when your child shows responsibility.

Instill a love of learning

Students who are motivated by their own desire to learn retain what they learn longer and earn higher grades. To encourage this:

- **Ask your child** to consider, "What do I want to learn from this assignment?"
- **Help your child** recognize progress. Offer positive feedback.
- **Help your child** pursue learning interests.

Start smart with routines

Routines make it easier for children to remember tasks and carry them out. For a smoother school year, set up these routines:

- **An evening prep session.** Agree on outfits, make and refrigerate lunches, pack backpacks and set them by the door. Mornings will be much less hectic!
- **A soothing bedtime.** Choose a time that allows for nine to 12 hours of sleep. Help your child relax with a bath and a cozy read aloud.
- **A reading and schoolwork** time. This should be when your elementary schooler will have the most energy and motivation.



Begin a helpful partnership

Forming a working relationship with your child's teacher will help you both help your child learn. To start one:



- **Introduce yourself** to the teacher. Ask how you can support learning at home.
- **Share information** throughout the year. Tell the teachers about changes at home that may affect your child.
- **Communicate respectfully.** Give busy teachers a few days to answer.



Attendance is rewarding

By doing one thing every day, you can help your child learn, do better on tests and make friends more easily—and reduce drop-out risk. That is to make sure your child attends school. To help your student reap the benefits that come with regular attendance:

- **Explain to your child** that attending school is important—and not optional.
- **Keep track of absences.** Look for patterns that need to be addressed.
- **Tell the teacher** if your child regularly doesn't want to go to school, or if your family faces attendance obstacles.

Source: A. Ansari and M.A. Gottfried, "The Grade-Level and Cumulative Outcomes of Absenteeism," *Child Development*, The Society for Research in Child Development.

Turn off screens and read

Research points to a link between digital media use and delays in young children's ability to understand what they read. In one study, children who read more and reported less screen use created brain connections that make kids better readers. Children who spent more time with screens and read less did not. At home, limit recreational screen use, and offer your child unlimited hours of fun with books and reading!



Source: E. Heubeck, "Is Too Much Screen Time, Too Early, Hindering Reading Comprehension?" *EducationWeek*.

Encourage extra effort

Doing the bare minimum required will take your child only so far. Explain that doing a little bit more usually leads better results. Encourage your child to:

- **Read a few extra pages** of an assigned reading.
- **Start a project early** and add a detailed illustration, graph or chart.
- **Solve a few extra math problems** to master a concept.

Helping Children Learn®

Published in English and Spanish, September through May.

Publisher: Doris McLaughlin.

Publisher Emeritus: John H. Wherry, Ed.D.

Editor: Alison McLean.

Translations Editor: Victoria Gaviola.

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Helping Children Learn®

Tips Families Can Use to Help Children Do Better in School

ELEMENTARY SCHOOL



September 2024

Q&A My child is prone to meltdowns. What can I do?

Q: My second grader's response to anger and frustration is often a tantrum. This happens at home and at school—and the teacher is asking me to help. How can I help my child learn self-control?

A: When children don't have the skills to cope with the strong emotions they feel, they may resort to tearful outbursts. But being able to maintain self-control and respond appropriately to big emotions is important for success in the classroom.



Begin by trying to find out what's behind your child's tantrums. Keep a record of your child's behavior for one week. What happens before a tantrum begins? Do you notice patterns? Then, help your child avoid some of the situations that add to stress, such as hunger and fatigue.

Next, share strategies your child can use when feeling angry or upset. At home, show your child how to:

- **Take time to cool down.** Have your child walk away from a situation for a five-minute break. Say, "You may return when you can talk calmly."
- **Use relaxation techniques,** such as taking deep breaths while slowly counting to 10. Teach your child to repeat "I can work through this."
- **Name the feelings.** Help your child become more self-aware. Teach your child to recognize different emotions—frustration, annoyance, sadness, disappointment, etc.—and use the words for them when they arise.

Parent Quiz

Are you boosting learning self-reliance?

Do you regularly hear "Help me!" before your child even tries tackling a task? It may be time to work on developing self-reliance. Are you helping your child become an independent learner? Answer *yes* or *no* below:

___ 1. **Do you say** things like, "I bet you can figure this out?"

help, even if it is not the way you would have done it?

___ 2. **Do you encourage** your child to problem-solve by asking questions? "What did you learn about this in class?"

How well are you doing?

More yes answers mean you are helping your child learn to solve problems independently. For each no, try that idea.

___ 3. **Do you help** your child break tasks down into smaller pieces? "Is there any part of this you *can* do?"

___ 4. **Do you talk** about things your child has learned through persistent effort?

___ 5. **Do you praise** your child for completing work without

"Education is experience, and the essence of experience is self-reliance."
—T.H. White

Loup Basin Public Health Department August Newsletter



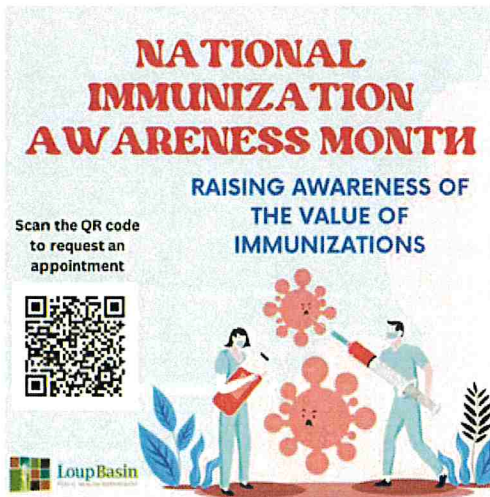
BACK TO SCHOOL SAFETY TIP

Make sure backpacks are removed before buckling up.

Back to School Tip

School is back in session, be sure to keep those kids safe during this busy time of the year.

Are you up to date on your shots? Click the picture to schedule your appointment today!

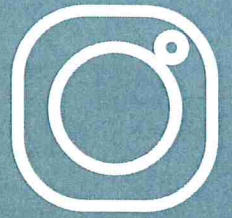


August is National Immunization Awareness Month— a time to celebrate the progress we've made in preventing diseases and to reaffirm our commitment to

14 DISEASES YOU ALMOST FORGOT ABOUT (THANKS TO VACCINES)

- POLIO
- TETANUS
- FLU (INFLUENZA)
- HEPATITIS B
- HEPATITIS A
- RUBELLA
- HAEMOPHILUS INFLUENZAE TYPE B (HIB)
- MEASLES
- WHOOPIING COUGH (PERTUSSIS)
- PNEUMOCOCCAL DISEASE

Follow us on Facebook
& Instagram



SCHOOL BUS SAFETY



School Bus Safety Reminder!

As we head back to school, let's keep safety a top priority by:

- Stop for school buses
- Watch for children
- Stay back from where the bus is stopping

[READ MORE](#)

Back to School Bash

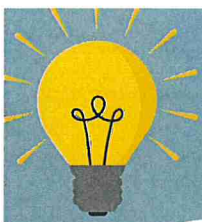
LBPHD hosted a Chamber After Hours event on August 7th. It was a lot of fun and we can't wait to do it again next year. It was a great way to wrap up summer fun!



Don't forget
about our
Healthy
Families

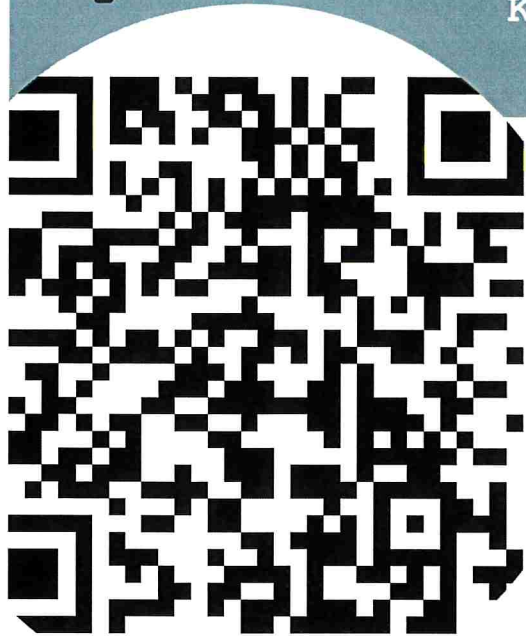


If you or someone you know are expecting or have a child 3 months of age or younger, click or scan the



Did you know?

LBPHD OFFERS A VARIETY OF FREE TEST KITS. CALL US AT 308-346-5795 TO LEARN MORE.



Loup Basin Medical Reserve Corps (MRC)

To join our volunteer team, just scan or click the QR code. We assist with both man-made and natural disasters.

[READ MORE](#)

Car Seat Checks

LBPHD offers FREE car seat checks. You can request one by calling us at 308-346-5795 and ask to talk to one of our car seat techs, or you can click or scan the QR code below to request an appointment!



IS YOUR CHILD IN THE RIGHT CAR SEAT?

2024

SEPTEMBER

Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2	No School	3	Spaghetti with meat sauce Corn Fruit cup or apple crisp Garlic bun	4	Grilled chicken wrap Lettuce-cheese-salsa Green beans Fruit cup	5	Macho Nachos Rice or Refried beans Fruit cup Dinner roll	6	Cheese burger Chips Baked beans Fruit cup
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9	Burrito w/ lettuce, cheese, salsa Corn Fruit cup	10	Creamed chicken w/biscuit Mashed potatoes Fruit cup- strawberry cake	11	Chili dog or plain dog Taters Fruit cup	12	Lasagna or cheesy potatoes w/ ham Green beans Fruit cup Bread stix	13	Chicken sandwich Chips Baked beans Fruit cup
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16	Taco Salad w/ Tortilla Chips w/ Lettuce – Cheese – Salsa Green Beans Fruit Cup	17	Homemade Pizza Corn Fruit Cup or Pumpkin Cake	18	Chicken Strip Wrap w/ lettuce – Cheese – Salsa Broccoli Fruit Cup	19	Tater Tot Casserole Or Mac & Cheese Mixed Veggies Fruit Cup Dinner roll	20	Corndog or Plain dog Chips Baked Beans Fruit Cup
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23	Chicken or fish green beans cheese, fruit salad, dinner roll	24	Beef & noodles with mashed potatoes Fruit cup/apple crisp Dinner roll	25	Chicken & rice or ham & bean soup Crackers &cheese Fruit cup Dinner roll	26	Enchilada or burrito w/ lettuce- cheese- salsa Fruit cup Dinner roll	27	Hot Ham & cheese Chips Baked beans Fruit cup
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30	Macho Nachos Corn Fruit cup cookie	<p>This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.</p>					
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2024

SEPTEMBER

Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

No School

Cereal – toast

or waffle
Juice – fruit
Milk - yogurt

Pop Tart – PBJ
Or protein ball

Juice – fruit
Milk – string cheese

Breakfast sandwich
Or omelet w/ toast

Juice – fruit
Milk - yogurt

Cereal
or Long John

Juice – fruit
Milk – string cheese

9 Cereal-Toast/Pancake on Stick

Juice/Fruit
Milk/Yogurt

10 French Toast/Pancake on Stix

Juice/Fruit
Milk/Yogurt

11 Pop Tart, PBJ, or Protein Ball

Juice/Fruit
Milk/Yogurt

12 Biscuits & Gravy
Or
Omelet w/ Toast

Juice/Fruit
Milk/Yogurt

13 Cereal or Muffin

Juice/Fruit
Milk/Yogurt

16 Cereal- toast or pancake

Juice/Fruit
Milk/Yogurt

17 French Toast Egg or sausage

Juice/Fruit
Milk/Yogurt

18 Pop Tart, PBJ, or Protein ball

Juice/Fruit
Milk/Yogurt

19 Burrito or Omelet w/ toast

Juice/Fruit
Milk/Yogurt

20 Cereal or cinnamon roll

Juice/Fruit
Milk/Yogurt

23 Cereal- toast or pancake

Juice/Fruit
Milk/Yogurt

24 French Toast Egg or sausage

Juice/Fruit
Milk/Yogurt

25 Pop Tart, PBJ, or Protein ball

Juice/Fruit
Milk/Yogurt

26 Flatbread Sandwich, or
Omelet w/ toast

Juice/Fruit
Milk/Yogurt

27 Cereal or Muffin

Juice/Fruit
Milk/Yogurt
Milk

30 Cereal – toast
or waffle
Juice – fruit
Milk - yogurt

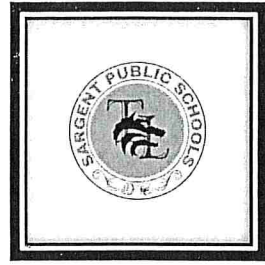
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Menu is subject to change.

A variety of milk is offered each day.



Sargent Public Schools



September Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 State Fair -FFA	2 No School Labor Day State Fair -FFA	3	4 FFA District 10 Range Judging @ Sargent	5 4:00pm: Cross Country @ Ainsworth 5:00pm: Varsity Volleyball Triangular Home (S) vs Ansley/Litchfield & Anselmo/Merna	6 7:00pm: Varsity Football vs Riverside @ Spalding	7
8	9 9:00am: Homecoming Week begins	10 3:00pm: Cross Country @ Centura Invite 5:00pm: JV Football vs Anselmo-Merna @ Merna 7:00pm: School Board Meeting	11	12 FFA District Range Judging @ North of Atkinson 4:00pm: JV Volleyball vs Arthur County @ Arthur County 5:00pm: Varsity Volleyball Dual Vs Arthur County @ Arthur County	13 7:00pm: Homecoming 7:00pm: Varsity Football Homecoming (LC) vs Pleasanton	14 9:30am: Varsity Volleyball 7 Valleys Tournament @ Callaway
15	16 4:00pm: Cross Country @ Neligh Oakdale 4:30pm: JH FB Home (S) vs Ravenna 6:00pm: JV Football Home (S) vs Ravenna	17 5:00pm: Varsity Volleyball Triangular Home (S) vs North Central & Pleasanton	18	19 FFA Area 4 Range Judging @ Burwell 1:00pm: Dismissal- PT Conference 2:30pm: Parent Teacher Conference	20 No School- Staff Development 7:00pm: Varsity Football vs CWC @ Chambers	21 9:00am: JH VB Tri 10:00am: Varsity Volleyball CWC Round Robin @ Bartlett
22	23 4:00pm: JH FB Home (LC) vs North Central 4:00pm: JH VB vs North Central 5:30pm: JV Volleyball Home (LC) vs North Central 5:30pm: JV Football Home (LC) vs North Central	24 FBLA Fall Leadership Conference 6:00pm: JV VB Dual Home (LC) vs Central Valley 7:00pm: Varsity Volleyball Dual Home (LC) vs Central Valley	25 FFA State range Judging @ Chase County	26 Lions Van	27 4:00pm: Cross Country @ Ord Invite 7:00pm: Varsity Football Home (S) vs Palmer	28 10:00am: Varsity Volleyball Brady Tournament
29 2:30pm: JH VB vs South Loup 4:30pm: JH FB vs South Loup 4:30pm: JV VB vs South Loup 6:00pm: JV FB vs South Loup	30					